

Evidence-Based Psychosocial Treatments for Attention Deficit Hyperactivity Disorder -

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"Thus, clinicians, organizations, and agencies can be confident in recommending BI, (behavioral interventions) as an intervention for ADHD that will have a substantial impact on children's functioning. In contrast, we found no evidence for office-based psychotherapies conducted solely with the child (as recommended in the AAP guidelines) or for cognitive or other child-directed therapies. Behavioral interventions are the only evidence-based psychosocial intervention for ADHD."

Evidence-Based Psychosocial Treatments for Attention Deficit Hyperactivity Disorder, William E. Pelham, Jr. and Gregory A. Fabiano State University of New York at Buffalo, *Journal of Clinical Child & Adolescent Psychology*, 37(1), 184–214, 2008

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